



Specials

7 - 20 MARCH, 2024

OCEAN SPRAY
CRANBERRY JUICE
64 oz., Selected Varieties

\$6.29
SAVE \$1.50

PANTRY



\$5.59
SAVE \$1.40

**Nature Valley
Granola Bars**
7.4 oz., Selected Varieties

Quaker Oats
18 oz., Quick or
Old Fashioned



\$2⁹⁹

SAVE 90¢

**Ocean Spray
Cranberry Juice**
64 oz., Selected
Varieties



\$6²⁹

SAVE \$1.50

**Frito-Lay
Crunchy Cheetos**
8 oz.



\$3⁹⁹

SAVE \$1.30

**Frito-Lay
Funyuns**
5.75 oz.



\$3⁹⁹

SAVE \$1.20

**Bush's Best
Canned Beans**
28 oz., Selected
Varieties



\$3⁶⁹

SAVE \$1.00

**Ragu
Pasta Sauce**
16-28 oz., Selected
Varieties



\$3⁷⁹

SAVE 80¢

**Glass Plus
Glass Cleaner**
32 oz.



\$2⁹⁹

SAVE 70¢

**Pinalen
All-Purpose Cleaner**
28 oz., Selected
Varieties



\$1⁸⁹

SAVE 50¢

**Dial
Bar Soap**
3 ct., Selected
Varieties



\$3³⁹

SAVE 90¢

**Finish
Dishwashing Liquid**
75 oz., Lemon or
Orange



\$5⁹⁹

SAVE \$1.70

**Essential Everyday
Paper Towels**
8 ct.



\$9⁴⁹

SAVE \$2.30

**Flora
Bathroom Tissue**
12 ct.



\$7⁵⁹

SAVE \$2.00

**Del Monte
Canned Juice**
330 ml., Selected
Varieties



69¢

SAVE 20¢

**Wesson
Canola Oil**
40 oz.



\$5⁹⁹

SAVE \$4.90

BETTER BUYS

Better value because we care!

\$11.99
SAVE \$3.50



Muscle Milk
4 pk., Vanilla or Chocolate

\$17.69
SAVE \$4.60



Depend
Protection Undergarments
15-20 ct., Selected Varieties

\$6.99
SAVE \$2.80

Sensodyne Toothpaste
3 oz., Repair and Protect



HEALTH & BEAUTY CARE



\$3.59
SAVE \$1.00

Kotex Pads
14-24 ct., Selected Varieties

Cream of Nature Hair Masks
1 ct., Strengthening or Hydration



\$2⁹⁹

SAVE \$1.30

White Rain Lotion
12 oz., Selected Varieties



\$1⁶⁹

SAVE 70¢

Equaline Mouthwash
1 lt., Selected Varieties



\$2³⁹

SAVE \$1.00

Dr Teal's Deodorant
2.65 oz., Selected Varieties



\$3⁷⁹

SAVE \$1.50

Equaline Hand Soap
7.5 oz., Clear or Aloe Vera



\$1²⁹

SAVE 50¢

H-7 Engine Degreaser
1 gl.



\$5⁹⁹

SAVE \$1.70

BETTER SELECTION

Better choice because we care!



**Elmhurst
Dairy-Free Milk**
32 oz., Selected Varieties



**Green Valley
Cheese**
6 oz., Selected Varieties



**Meyenberg
Goat Milk Butter**
8 oz.



Calavo Guacamole
10.5 oz.

FROZEN



**\$4.49
SAVE 80¢**
**Pillsbury
Frozen Pastries**
7.2-11.7 oz., Selected Varieties

Banquet Frozen Meals
7.4-12 oz., Selected Varieties



\$1.99

SAVE 70¢

Hot Pockets
9 oz., Selected Varieties



\$3.99

SAVE \$1.00

Jimmy Dean Frozen Meals
7-8 oz., Selected Varieties



\$3.99

SAVE 70¢

Lean Cuisine Frozen Meals
7.5-10.87 oz., Selected Varieties



\$4.69

SAVE \$1.00

Stouffer's Frozen Meals
7.87-12 oz., Selected Varieties



\$4.99

SAVE 60¢

Magnum Ice Cream Bars
3-10.14 oz., Selected Varieties



\$5.99

SAVE \$1.00

DAIRY



\$1.99
SAVE 80¢

Ratio High Protein Yogurt
5.3 oz., Selected Varieties

Daisy Sour Cream
16 oz., Original or Light



\$3³⁹

SAVE \$1.00

Daisy Cottage Cheese
10.6 oz., 2 pk. 2% or 4%



\$2²⁹

SAVE 60¢

\$7.79
SAVE \$2.00



Vital Farms Eggs
1 dozen, Large

Buitoni Pasta
9 oz., Selected Varieties



\$3⁰⁹

SAVE 60¢

Simply Juices
52 oz., Selected Varieties



\$5⁹⁹

SAVE \$1.00

PICK 5
MIX OR MATCH
\$19.99

FOSTER'S

**CHOOSE ANY 5 PACKS
OF SPECIALLY MARKED
MEAT FROM OUR
MEAT DEPARTMENT,
FOR JUST \$19.99.**

The meat is always fresh,
plus the range is constantly
changing.

**FEED THE FAMILY
FOR LESS!**



LEARN MORE

FRESH PRODUCE



Asparagus
Large

\$3⁴⁹
lb

Hass Avocado
Fresh



\$3³⁹
lb

Strawberries
16 oz., Clamshell



\$5⁹⁹

Spinach
10 oz., Bag



\$3²⁹

Organic Blueberries
6 oz., Clamshell



\$5⁴⁹

Broccoli
Bunch, Fresh

\$3⁴⁹



Honeglow Pineapples
ea., Fresh

\$4⁹⁹



Green Cabbage
Fresh

89¢
lb



Yukon Gold Potatoes
5 lb., Bag



\$4⁷⁹

Red Potatoes
5 lb., Bag



\$4⁷⁹

SEAFOOD



Mahi Fillets
 Jet Fresh 3 Times Weekly

\$12⁹⁹ lb
 SAVE \$3.00 lb



\$4.99 lb
 SAVE \$2.00 lb

Head On Shrimp
 20-30 ct., Previously Frozen



\$3.49 lb
 SAVE \$1.50 lb

Swai Fillet
 Frozen Instore Prepared



\$3.99 lb
 SAVE \$1.00 lb

Bone in Salt Fish
 Jamaican Style, Instore Prepared



**Bea's Best
Corned Beef
Brisket**
 USDA Choice

\$6⁹⁹ lb
 SAVE \$2.00 lb



\$1.99 lb
 SAVE 70¢ lb

**Assorted Pork Loin Chops
Family Pack**
 USDA Inspected



\$12.99 lb
 SAVE \$5.00 lb

**T-Bone or
Porterhouse Steaks**
 Certified Angus Beef



\$1.99 lb
 SAVE 50¢ lb

**Sanderson Farms
Whole Frying Chicken**



\$4.99 lb
 SAVE \$1.80 lb

Beef Bottom Round Roasts
 USDA Choice



\$3.29 lb
 SAVE \$1.00 lb

Bone In Mutton Cubes
 Frozen, Cut and Trimmed



\$2.99 lb
 SAVE 80¢ lb

**Ground Beef 73%
Lean Family Pack**
 Ground Fresh Several Times Daily



\$8.99
 SAVE \$2.00

Oscar Mayer Bacon
 16 oz., Thick Sliced, Low Salt
or Regular Hickory Sliced



\$5.99
 SAVE \$2.00

Oscar Mayer Carving Board
 7.5 oz., Turkey Breast, Chicken Breast
or Slow Cooked Ham



\$3.69
 SAVE \$1.00

Claussen Pickles
 20-32 oz., Selected Varieties

Live Well



Live Well with CG Britcay & Foster's focuses on living a healthy and balanced life at an affordable price. To do this, we've developed recipe ideas, tips and product suggestions to help you achieve your healthy living goals.

Home-made Guacamole

INGREDIENTS

1 large, ripe Tomato
3 ripe Avocados
1 large Lime
1 small Red Onion
1 Chilli, red or green, deseeded and finely chopped
Salt & Pepper
Tortilla Chips (for serving)

DIRECTIONS

- Use a large knife to pulverise 1 large ripe tomato to a pulp on a board, then tip into a bowl.
- Halve and stone the 3 avocados (saving a stone) and use a spoon to scoop out the flesh into the bowl with the tomato.
- Juice and then tip the juice of 1 large lime, 1 finely chopped small red onion and 1 deseeded and finely chopped red or green chilli into the bowl, then season with salt and pepper.
- Use a whisk to roughly mash everything together.
- If not serving straight away, sit a stone in the guacamole (this helps to stop it going brown), cover with cling film and chill until needed.
- Enjoy with tortilla chips, or as a spread on toast, etc.!



\$3³⁹
lb

Hass Avocado
Fresh

SCAN FOR MORE TIPS & RECIPES

FOSTER'S
Airport

949-5155
PHARMACY: 815-4051

+1 (345) 926-7485

FOSTER'S
Camana Bay

945-4748
PHARMACY: 815-4061

+1 (345) 926-7486

FOSTER'S
Countryside

943-5155

FOSTER'S
Republix

949-3214

FOSTER'S
Morritt's Express

947-2826

It is our intention to have everything in stock for all customers. We reserve the right to limit quantities to reasonable requirements while supplies last. We regret we are unable to provide large quantities to retail outlets. Occasionally, an item may not be available due to unforeseen circumstances. We reserve the right to withdraw any offer which has been a result of a printing error and the right to correct any typographical or illustrative errors. Should product differ from text, text shall prevail. Some items may not be available in all stores.

f i t y @FOSTERSCAYMAN | FOSTERS.KY



FLOW

Digicel



VISA



FOSTERS.KY/GO

FOSTER'S
Shop online, anytime **Go!**

SHOP ONLINE, ANYTIME!

**Foster's Go! is currently only available out of Foster's Camana Bay.*